

IV INTERNACIONAL | XIII TAÇA CIDADE DE ALMEIRIM

IV internacional

01 | junho | 2019



Pavilhão Municipal Alfredo Bento Calado - Almeirim

Almeirim | Ribatejo | PORTUGAL



AEROPORTOS INTERNACIONAIS
Internacional Airports

Lisboa (Lisbon) / Almeirim 85 km
Porto (Oporto) / Almeirim 230 km
Faro / Almeirim 240 km



CENTRO AMADOR DESPORTO E CULTURA DE ALMEIRIM



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Dear friends:

The Amateur Sports Centre and Almeirim Culture, through the Section of Karate and in partnership with FNK-P will perform over the next 06 June 2020 in Almeirim, the XIV Cup City of Almeirim and V International.

It is intended with this event, bringing together the best national and international athletes in the race of the best club status, in the form of Kumite and Kata in various levels (of Children to Senior).

It is our intent to sensitize young people and families to practice a sport that carries with it a competitive aspect more and more exciting to the show level and a training philosophy that promotes respect for others, integrity, spirit of sacrifice and dedication.

This club comes so invite all Coaches and Clubs FNK-P as well as international clubs to participate in this event, which is to be guided by the guiding principles of the sport, respect and friendship as well as the presence of a spirit of healthy competition and fraternization.

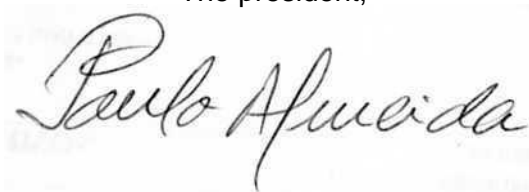
In this invitation, we present a number of useful information, in order to provide all coaches / athletes the best possible preparation and planning for the Cup.

Finally, it is our wish that this event is constituted by a fair play and competitive environment without forgetting the respect and compliance with certain basic rules of zeal regarding the care to have with the preservation of sports equipment, use of footwear appropriate circulation inside the pavilion, hygiene, etc. This is why we appeal to the sensitivity of / the Srs./as instructors / as to uphold these operating standards that ensure, in the background, the best conditions for our athletes.

Best Sports Regards,

The Director of CADCA ,

The president,

A handwritten signature in black ink, reading "Paulo Almeida". The signature is written in a cursive, flowing style. Below the signature, there is a faint, rectangular stamp or seal, but its details are not clearly legible.

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ALMEIRIM

It is a Portuguese city in the district of Santarém, about 11700 population..

Since 2002 is part of the statistical region (NUTS II) of Alentejo and statistical sub -region (NUTS III) of Lezíria do Tejo ; still , however , part of the Commission for Coordination and Development of Lisbon and Tagus Valley Regional , which kept the name of the former NUTS II with the same name .

Still belonged to the old province of Ribatejo today but without any political and administrative meaning but constant in the discourse of self and hetero- identification.

It is the seat of a municipality with 222,12km² of area² and 23,376 population(2011) , divided into 4 parishes . The municipality is bordered to the north by deAlpiarça municipality , east and northeast by Chamusca , on the south by Coruche and Salvaterra de Magos , in the west by Cartaxo and northwest of Santarém.



History

There are vestiges of mid-Paleolithic to Mesolithic period along the territory, including traces from Neolithic, Calcolithic and Bronze Age remnants. The Iron Age also marked this region, with archaeological excavations unearthing settlements and artefacts.

Roman legions of Décimo Junius Brutus occupied the territory, following the Tagus upstream and disembarking in Santarém, where they left their marks. These, along with other groups, occupied arable lands, beginning in the first century A.D. This included the development of agriculture (particularly wheat and olive orchards) and raising of cattle, supporting the establishment of Almeirim along the margins of the Tagus.

References to this municipality, began appearing in the 14th century. With rich lands, the territory supported hunting, extending to Santarém, and proximities of the Tagus and Lisbon. This easy access, made Almeirim a preferred place for the Kings of the second Dynasty, and a winter place frequented by members of Corte, becoming known as the *Sintra of Winter*. Almeirim, therefore, became an ideal place for relaxation, palace intrigue and romantic encounters in the royal gardens, mixed with resolutions of important negotiations.

King John I of Portugal, between 1411 and 1423, ordered the construction of castle and first residences that contributed to the establishment of the town, with the work to the *Al-meirim*, that included landscaping, drainage and earthen-works.[[]

The palace was expanded and improved by Manuel I of Portugal who was in Almeirim several times: in 1510, part of 1513, Christmas of 1514 and all the period between October 1515 and May 1516. John III of Portugal followed his example, and spent similar time in Almeirim.

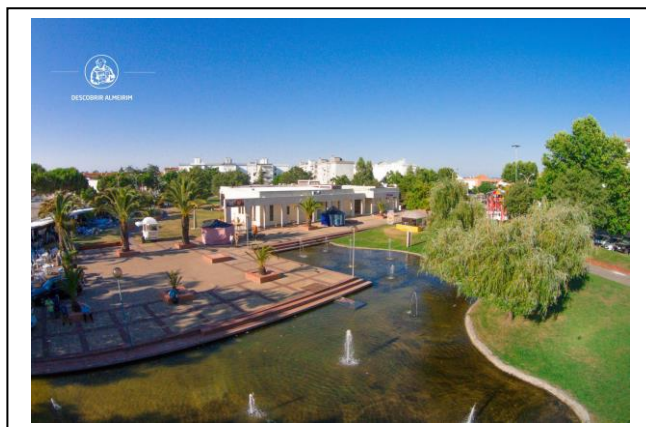
He ordered the construction of a royal palace near the *Ribeira de Muge* (*Muja* or *Mugem*), that became known as *Paço da Ribeira de Muge* and later, the *Paço dos Negros*, then later the *Convent of Nossa*

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Senhora da Serra.

King Sebastian, who frequently visited Almeirim, created a dynastic succession crisis with his disappearance at the Battle of Alcácer-Quibir. Without a successor, the Cortes of Almeirim was opened by Cardinal Henry on 11 January 1580, to decide on the problem of succession. During the Cortes, Febo Moniz, as magistrate of Lisbon, directed his response to the Cardinal, stating "*Give this your Highness to a Portuguese prince and all will kiss his hand*". But, little was resolved, and the Kingdom eventually began to be governed by Phillip II of Spain, beginning the reign of Phillipian Dynastic Union, until 1 December 1640.

At the time Almeirim was visited as a winter resort, where many passed through the roads of the burgh and stayed at the Royal Palace. Gil Vicente, the father of Portuguese theatre, presented many of his farses, comedies and plays, for example "Auto da Fé" in 1510; "Barca da Glória" in 1519; tragic-comedy "Dom Dardos" at the marriage of Infanta D. Isabel with Charles V, in 1525; and in 1526 he presented the farse "O Juiz da Beira", the tragic-comedy "Templo de Apolo", "Breve Sumário da História de Deus" and "Diálogo sobre a Ressurreição". It was also in the palace the Garcia de Resende began printing his *Cancioneiro Geral*.



You can see more about Almeirim in

<http://descobrialmeirim.com/>

<http://www.cm-almeirim.pt/>

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LISBON INTERNATIONAL AIRPORT

Lisbon International Airport is 86 km from Almeirim.



CHAMPIONSHIP PAVILION

Rua Condessa da Junqueira, 2080 Almeirim

39°12'20.4"N 8°37'28.1"W

This pavilion is located in Almeirim, Rua Condessa da Junqueira and has a capacity for approximately 1000 spectators .

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HOTELS AND RESTAURANTES

A list of the major Hotels and Hostels Almeirim, as well as a list of restaurants is referred.

For lunch on the day of competition , we service in the cafeteria of the Pavilion and breakfast service in the Pavilion bar .

Meals are going to be served on Saturday at lunch and dinner.

Tickets for lunch can be purchased at the pavilion where the event takes place bar .

RESTAURANTES ALMEIRIM

David Park

Largo da Praça de Touros, 15 - Almeirim
Contatos: 243 591 475; 243 371 347

O Forno

Largo da Praça de touros, 23 - Almeirim
Contatos: 243 592 916 / 918 755 017/ 919 764 719

O Minhoto

Rua de Macau, 11C - Almeirim
Contatos: 243 592 057

O Pinheiro

Largo da Praça de Touros, 41 - Almeirim
243 592 052

O Toucinho

Rua de Macau, 2 - Almeirim
Contatos: 243 592 237

O Zézano

Largo da praça de touros, 5 - Almeirim
Contatos: 243 579 324

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RESTAURANTES FAZENDAS

Restaurante Adega

Rua Dr. Guilherme Nunes Godinho, 179 - Fazendas de Almeirim
Contatos: 965 861 115

Restaurante O Janeiro 2

Fazendas de Almeirim
Contatos: 243 592 657

ALMEIRIM ACCOMMODATION

Hospedaria "D. António"

Rua Alfredo Godinho nº6
2080-067 Almeirim
Contatos: 243 593 263 / 243 597 523

Hospedaria "HO Abílio"

Rua de Coruche nº2
2080-041 Almeirim
Contatos: 243 592 602

Hospedaria O Minhoto

Rua de Timor, 4
2080-103 Almeirim
Contatos: 243 592 057 / 243 597 523

Hotel o Novo Principe

Rua Timor, 1 –
2080-130 Almeirim
Contatos: 243 570 600

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REGISTRATION AND PAYMENTS

Registrations must be made on the web page www.kimura.pt/eventos

As you all know, they are entitled to participate in the Cup all athletes FNK -P with Federal share and Safe Sports of time properly regulated course.

This Cup, as in pass years, will address the Children's ranks to Senior, we appeal to all / the instructors / the strict adherence to the criteria set out below when registering their athletes , under penalty of disqualification of the same .

Competitors are distributed by the following age groups at the time of the event :

Kata

Age	Category
Up to 9	children
From 10 to 11	initiated
From 12 to 13	juveniles
From 14 to 15	cadets
FROM 16 TO 17	JUNIOR
18 up	senior

Kumite

Age	Category
From 10 to 11	initiated
From 12 to 13	juveniles
From 14 to 15	cadets
FROM 16 TO 17	JUNIOR
18 up	senior

Competitors are divided into the following weight classes:

In ranking Initiates Male / Female categories weights are:

- a) - 44Kg
- b) + 44Kg

In ranking the Youth Men categories weights are:

- a) - 55Kg
- b) +55Kg

In ranking the Youth Women categories weights are:

- a) - 50Kg
- b) + 50Kg

In ranking the Cadets men categories weights are:

- a) -63Kg
- b) +63Kg

In ranking the Cadets Women categories weights are:

- a) - 54Kg

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b) + 54Kg

IN RANKING THE MEN JUNIOR CATEGORIES WEIGHTS ARE

a) - 68KG

b) + 68KG

IN RANKING THE WOMEN JUNIOR CATEGORIES WEIGHTS ARE:

a) - 53KG

b) + 53KG

In ranking the Men Senior categories weights are:

a) - 75Kg

b) + 75Kg

In ranking the Women Senior categories weights are:

a) - 61Kg

b) + 61Kg

Inscriptions and their supporting payments (properly identified) should be sent to the e-mail contact **provas@cadca-almeirim.com** , no later than the 22th of MAY . No payment will be accepted on event day.

Inscriptions and other information are available on the website <http://cadca-almeirim.com/index.php/a-taca>

NOTE : No registrations will be accepted that have not been sent to the email above.

Each club can only enter three competitors in KATA and KUMITE.

Each competitor may only participate in a single category.

The rules for this competition in the Regulation FNK -P and the World Karate Federation (WKF)

The registration fee is 7,5 € per Competitor and Proof.

DRAW

Pre qualifying draw will be made on 26 June.

Pre draw, will be available online at CADCA website at www.cadca-almeirim.com

Coaches should consider the pre-draw until 23h00 the 28 may to submit any complaints.

On May 29, the final draw will be made available online .

No entries will be accepted or modified on event day .

ACCREDITATION

All the elements involved in the competition (athletes , coaches and referees) will be required to carry out accreditation.

No element may remain near the competition areas without performing properly identified .

We ask everyone involved to come to the accreditation desk on schedule in advance and raise their identification.

EQUIPMENT

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Athletes will have to accompany your personal equipment of competition, including the belts and protections.

The organization will not provide any protection or belt and the competition.

Failure to comply with the foregoing procedure involves no immediate participation in the event.

The competition will take place in 4/5 areas of competition.

The organization of this event ensures:

Medals for first, second and third place ;

Cup for four more teams scored;

Certificate of participation for competitors of children to senior levels ;

Medical assistance to the athletes during the event ;

Heating zone for the athletes;

Sports facilities with all conditions;

Lunch service and bar;

Note:

- Coaches have to print the draw , because the organization will not make any distribution.
- Registration complaints or the draw will be not acceptable on the day of the event.
- All athletes must have sports insurance days.
- The organization is not responsible for accidents occurring during the event.

GENERAL INFORMATION

Language:

The Oficial Language is Portuguese. Most of people speak English

>Currency:

The Portuguese currency is Euro.

The Banks are generally open from 9am to 3 pm, from Monday to Friday

Weather:

The average temperature in june is 25°C.

Time:

Portugal is in the Central European Time Zone - GMT + 0 hour

Electricity:

The Voltage in Portugal is 220V. Portugal use Standard Continental European "europlug", with two round pins.

Telephone:

For any reason if you need to call to Portugal, please dial 00351. The GSM mobile system is available. Please Check compatibility with your operator.

Emergency Calls:

SOS – 112

INFORMATION'S – 118

POLICE - 243570690

Nearest Hospital:

Hospital de Santarém

Av. Bernardo Santareno, 2005-177 Santarém

Telephone:243 300 200

VISA REQUIREMENTS

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Citizens of EU and EEA: Andorra, Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Montenegro, Netherlands, Norway, Poland, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, United Kingdom are free to enter Portugal. The required travel document for entry is a national ID Card or Passport.

ENTRIES IN THE PAVILION

All persons who wish to attend, have to pay 1 €. Only Athletes, Coaches and Referees have free admission with presentation of their ID card distributed by the Organization at the time of accreditation.

REGISTRATION OF DELEGATIONS

All Coaches who come on the 31st May, must do the registration/ accreditation and their athletes on Pavilion (Friday) between 20h and 22:30h and 1st June (Saturday) between 8am and 12am.

SPORTS MATERIAL AND BAR

The organization will have in the Pavilion:

Allusive material to the event, t-shirts, etc. | Bar with drinks and meals | Karate material approved by the WKF

REFERRES

All Referees must contact with the organization to participate in the event, to reserve the lunches, accommodation if necessary and help in allowances.

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Provisional Program

DAY 1

07:45 08h30	Accreditation of athletes, coaches and referees
08h45	Referees meeting
08h50	Coaches Meeting
09h00	Start of Kata Evidence
12h00	Start of Kumite Evidence
12h30	Trophies delivery KATA Kids, Initiates, Juveniles and Cadets
13h00	Lunch
14h30	Continued qualifier Kumite
17h00	End of Kata
18h00	Final Kumite
19h00	Closing ceremony and delivery of trophies

INFORMATION

CADCA – Centro Amador Desporto e Cultura de Almeirim

Morada:

Rua Joaquim Colaço Cardoso, nº 37

2080-147 Almeirim

NIPC: 505160102

Website: <http://cadca-almeirim.com/>

Email:provas@cadca-almeirim.com

Telephone: +351963341573 - +351927833729 (Paulo Almeida)

We apologize for any misspelling . The translation was performed by google translator.